**SQ3R reading method**

**SQ3R is a reading strategy formed from its letters:**

**Survey! Question! Read! Recite! Review!**

SQ3R will help you build a framework to understand your reading assignment.

**Before you read, Survey the chapter:**

* the title, headings, and subheadings
* captions under pictures, charts, graphs or maps
* review questions or teacher-made study guides
* introductory and concluding paragraphs
* summary

**Question while you are surveying:**

* Turn the title, headings, and/or subheadings into questions
* Read questions at the end of the chapters or after each subheading
* Ask yourself,   
  "What did my instructor say about this chapter or subject   
  when it was assigned?"
* Ask yourself,   
  "What do I already know about this subject?"  
   **Note:** If it is helpful to you, write out these questions for consideration.   
  This variation is called SQW3R

**When you begin to Read:**

* Look for answers to the questions you first raised
* Answer questions at the beginning or end of chapters or study guides
* Reread captions under pictures, graphs, etc.
* Note all the underlined, italicized, bold printed words or phrases
* Study graphic aids
* Reduce your speed for difficult passages
* Stop and reread parts which are not clear
* Read only a section at a time and recite after each section

**Recite after you've read a section:**

* Orally ask yourself questions about what you have just read, or summarize, in your own words, what you read
* Take notes from the text but write the information in your own words
* Underline or highlight important points you've just read
* Reciting:   
  The more senses you use the more likely you are to remember what you read Triple strength learning: Seeing, saying, hearing  
  Quadruple strength learning: Seeing , saying , hearing, writing!!!

**Review: an ongoing process**

**Day One**

* After you have read and recited the entire chapter,   
  write questions in the margins for those points   
  you have highlighted or underlined.
* If you took notes while reciting,   
  write questions for the notes you have taken   
  in the left hand margins of your notebook.
* Complete the form for a [*critical reading review*](http://www.studygs.net/crtread.htm)

**Day Two**

* Page through the text and/or your notebook to re-acquaint yourself   
  with the important points.
* Cover the right hand column of your text/note-book   
  and orally ask yourself the questions in the left hand margins.
* Orally recite or write the answers from memory.
* Develop mnemonic devices for material which need to be memorized.  
  Make flash cards for those questions which give you difficulty.

**Days Three, Four and Five**

* Alternate between your flash cards and notes and test yourself   
  (orally or in writing) on the questions you formulated.
* Make additional flash cards if necessary.

**Weekend**

* Using the text and notebook, make a Table of Contents - list all the topics and sub-topics you need to know from the chapter.
* From the Table of Contents, make a Study Sheet/ Spatial Map.
* Recite the information orally and in your own words as you put the Study Sheet/Map together.
* As you have consolidated all the information you need for this chapter, periodically review the Sheet/Map so that at test time   
  you will not have to cram.